

Purposes Checklist

Answer these questions for a number or areas in your life:
(To keep this manageable, try to answer as a single sentence or word).

Yourself:

- 1) What do you hold to be true about yourself?
Answer:
- 2) What do you suspect as your limitations with regard to yourself?
Answer:
- 3) What do you suspect as your 'needs' with regard to yourself?
Answer:
- 4) What do you want others to associate with you in regard to yourself?
Answer:
- 5) What do you want to grow in yourself?
Answer:
- 6) What do you think that you may lose by setting your own life-targets for yourself?
Answer:

Your vocation(s):

- 1) What do you hold to be true about your vocation(s)?
Answer:
- 2) What do you suspect as your limitations with regard to your vocation(s)?
Answer:
- 3) What do you suspect as your 'needs' with regard to your vocation(s)?
Answer:
- 4) What do you want others to associate with you in regard to your vocation(s)?
Answer:
- 5) What do you want to grow in your vocation(s)?
Answer:
- 6) What do you think that you may lose by setting your own life-targets in your vocation(s)?
Answer:

Your social role(s):

- 1) What do you hold to be true about your social role(s)?
Answer:
- 2) What do you suspect as your limitations with regard to your social role(s)?
Answer:
- 3) What do you suspect as your 'needs' with regard to your social role(s)?
Answer:
- 4) What do you want others to associate with you in regard to your social role(s)?
Answer:
- 5) What do you want to grow in your social role(s)?
Answer:
- 6) What do you think that you may lose by setting your own life-targets in your social role(s)?
Answer:

Your partnership(s):

- 1) What do you hold to be true about your partnership(s)?
Answer:
- 2) What do you suspect as your limitations with regard to your partnership(s)?
Answer:
- 3) What do you suspect as your 'needs' with regard to your partnership(s)?
Answer:
- 4) What do you want others to associate with you in regard to your partnership(s)?
Answer:
- 5) What do you want to grow in your partnership(s)?
Answer:
- 6) What do you think that you may lose by setting your own life-targets in your partnership(s)?
Answer:

Your pastime(s):

- 1) What do you hold to be true about your pastime(s)?
Answer:
- 2) What do you suspect as your limitations with regard to your pastime(s)?
Answer:
- 3) What do you suspect as your 'needs' with regard to your pastime(s)?
Answer:
- 4) What do you want others to associate with you in regard to your pastime(s)?
Answer:
- 5) What do you want to grow in your pastime(s)?
Answer:
- 6) What do you think that you may lose by setting your own life-targets in your pastime(s)?
Answer:

Your spirituality:

- 1) What do you hold to be true about your spirituality?
Answer:
- 2) What do you suspect as your limitations with regard to your spirituality?
Answer:
- 3) What do you suspect as your 'needs' with regard to your spirituality?
Answer:
- 4) What do you want others to associate with you in regard to your spirituality?
Answer:
- 5) What do you want to grow in your spirituality?
Answer:
- 6) What do you think that you may lose by setting your own life-targets in your spirituality?
Answer:

Your legacy:

- 1) What do you hold to be true about your legacy?
Answer:
- 2) What do you suspect as your limitations with regard to your legacy?
Answer:
- 3) What do you suspect as your 'needs' with regard to your legacy?
Answer:
- 4) What do you want others to associate with you in regard to your legacy?
Answer:
- 5) What do you want to grow in your legacy?
Answer:
- 6) What do you think that you may lose by setting your own life-targets in your legacy?
Answer:

And, after all, **Your overall life:**

Review your previous answers in each category for each question.

- 1) What do you hold to be true about your overall life?
Answer:
- 2) What do you suspect as your limitations with regard to your overall life?
Answer:
- 3) What do you suspect as your 'needs' with regard to your overall life?
Answer:
- 4) What do you want others to associate with you in regard to your overall life?
Answer:
- 5) What do you want to grow in your overall life?
Answer:
- 6) What do you think that you may lose by setting your own life-targets in your overall life?
Answer: